



# Donor Funding Proposal

Jan to Feb 2022

## Executive Summary

### WHO WE ARE

We are the 8<sup>th</sup> batch of graduated students of Chagpori Tibetan Medical Institute (CTMI), and have just completed our 1-year internship in Dec 2021 from other Tibetan Medical Institution, i.e. *Men-Tsee-Khang*, also known as Tibetan Medical and Astro Institute.

Previously, we have attended Tuina massage course from a Taiwan monk, and acupuncture course from a Singapore TCM Physician. During their course and stay in CTMI, we were fortunate to have been guided on how to do the volunteer treatment in the villages surrounding CTMI.

Now that we are better trained clinically in Tibetan Medicine after our internship, it is time we put our skills into good use in the remote Himalayan region to help the poor and needy.



*Chagpori Tibetan Medical Institute (CTMI) in Darjeeling*

## WHAT WE ARE GOING TO DO



Through contact of our classmate, Dorjee Dakpa, we will run a volunteering medical project in the remote Mon Tawang Valley in Himalayan India. Located at a height of near about 10,000 ft above sea level, Tawang is a thinly populated

mountainous tract lying on the northwest extremity of Arunachal Pradesh in north east India. Tawang was part of Tibet in the medieval times, and is also the birthplace of the sixth Dalai Lama, Tsangyang Gyatso.

The Taiwan monk is kind enough to sponsor us Tibetan medicine amounting to INR250,000. We were also given sufficient acupuncture needles required for the project. CTMI is supporting us for the transport expenses.

We are setting off from CTMI on 7 Jan 2022, and will end the project on 15 Feb 2022. We plan to visit 10 villages in the Mon Tawang region and spend 4 to 5 days in each village. On a daily basis, we intend to treat an estimate of 50 patients for those who require medication, and an estimate of 60 patients who require acupuncture and/or Tuina massage.

We plan to have 3 groups in our treatment as follows:

- Group 1: Acupuncture treatment
- Group 2: Tuina massage
- Group 3: Dispensing of Tibetan medicine

## WHO ARE INVOLVED

Our senior Tibetan Medicine Physician, Dr Ngawang Rabdon, will be leading us for the project.

Students (8 males and 2 females) involved in this project include:

1. Kalsang Tsering
2. Ngawang Lhakpa
3. Tamdin Wangchuk
4. Shawo Namgyal
5. Dorjee Dakpa
6. Sonam Norbu
7. Dhondup Rinchen
8. Tsunthar Gya
9. Pema Chodon
10. Lhakpa Tsamchoe



## THE ISSUE

We receive no government funding and depend on donors for financial support.

## HOW YOU CAN HELP

You can help us by:

- Supporting our daily meals
- Accommodation expenses

## ESTIMATED EXPENDITURE

A breakdown of the estimated budget as follows:

Item	3 meals per day	Number of days	Total
Food	200	39	7800 x 11 = INR 86,000 (round up)
Accommodation			INR 164,100

## CONTACT

You can contact Kalsang Tsering at +91 7908808957

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